VW **VITAL WORKS**
STRESS MASTERY ACADEMY

SPONSOR POLICE OFFICERS.

Equip police officers with training in human-system stability, regulation, and greater capacity under extraordinary pressure.

BEYOND STRESS AWARENESS. BUILDING STABILITY.

Police work demands stability through split-second decisions, unpredictable threats, and repeated exposure to trauma. Stress Mastery Academy (SMA) goes beyond learning about stress. It delivers practical human-system stability training designed to strengthen regulation, recovery, and the capacity to respond effectively when the pressure is extraordinary.

WHAT EACH SPONSORED OFFICER RECEIVES

- **ON-DEMAND SMA ACCESS**
  On-demand training in regulation and capacity, accessible around changing shifts.
- **BIOMETRIC FEEDBACK DEVICE**
  Real-time physiological insight connecting learning with the body's stress response.
- **PRACTICAL NERVOUS-SYSTEM TRAINING**
  Skills to support composure, recovery, and capacity amid demanding calls and shifts.
- **LIVE EXPERT LEARNING**
  Biweekly Capacity Expansion Sessions with Dr. Tami Berry, MD, for questions and application.

$25,000 **STARTING COHORT: FIVE POLICE OFFICERS**

Includes on-demand SMA access, biometric devices, materials, and biweekly live expert sessions.

HOW ORGANIZATIONS GET STARTED

1 CONNECT + CHAMPION
Thank you for being a strong community advocate! Email info@vitalworks.co; the Vital Works team will respond within 24 hours.

2 SHAPE THE PARTNERSHIP
Confirm the sponsorship goals and coordinate a cohort of five or more police officers with Vital Works.

3 KICK OFF TOGETHER
Hold a kickoff call with the corporate sponsor or partner, Vital Works, and the sponsored police cohort to launch together.

MEET THE EXPERT BEHIND SMA

Dr. Tami Berry, MD, is a physician and creator of Stress Mastery Academy. Her medical and clinical background informs practical education on stress, recovery, and human performance.

SUPPORT THE OFFICERS WHO SERVE THEIR COMMUNITIES.

Start the conversation: **info@vitalworks.co** | vitalworks.co